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Haliburton Ski Meet

See photos from Haliburton Highlands Nordic Trails Association's first meet in nine years on page 2.

Introducing *Walter and Me*

Karen Phipps shares the first tale of her and her rescue pup, Walter, in this week's editorial on page 6.

Flannel Frolic

See more photos from Highlands Summer Festival's Fundraiser on page 7.

The Highlands Summer Festival hosted Flannel Frolic at the Haliburton Legion on Friday, Jan. 19 raising money for the upcoming summer festival. The Adverse Conditions provided the soundtrack for the evening while locals bid on slight and toonie auctions to help raise money for the upcoming festival. /ADAM FRISK Special to *County Life*

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HHSS students take strides

Haliburton Highlands Secondary School, with the support of the Haliburton Highlands Nordic Trails Association, hosted their first invitational ski meet since 2015 at Glebe Park on Wednesday, Jan. 17. The meet was attended by 94 skiers and facilitated by more than 20 community volunteers. The Red Hawk ski team of 15 strong shone on the slopes, capturing top place in several individual divisions and relays. The elementary skiers from the newly formed Haliburton Development Team showed their strength and skills and outpaced most skiers in the Novice High School division. /Photos by Shannon Walker, submitted by Karen Gervais

Brechin Johnston gets off to a good start in the Junior Boys race. Brechlin placed seventh in his division, an impressive feat for a first-year skier.

Erika Hoare sends off Violet Humphries in the Senior Girls relay. Erika won the Senior Girls individual race and Violent Humphries the Junior Girls race.

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Olivia Humphries tucks down a hill in the Senior Girls race, finishing second in this category.

CountyLife

The following inserts are being distributed with County Life this week:

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Minden Valumart *
Peavey Industries *
Shoppers Drug Mart Haliburton *
Todd's Independent *

All inserts are to selected distribution areas.

For information on how your flyer can be inserted each week in County Life please contact Melissa Armstrong at **613-332-2002** or **melissa@haliburtonpress.com**

The Junior Boys relay team celebrates their victory. From left: Graham Backus, Brechin Johnson, Evan Backus and Winston Ramsdale.

To QR or not to QR; is that a question?

EMILY STONEHOUSE
County Life Staff

Most of us likely remember a chapter before quick response (QR) codes became a thing of normalcy. We used to be able to go into restaurants and open up a paper version of a menu, right after we selected if we wanted smoking or non-smoking. The menu would sometimes have scribbles and scratches on it; indicating changes in food availability and drink differences. But that was the way life was back then.

QR codes have been around since the mid 1990s, but didn't start really picking up steam until the COVID-19 pandemic in 2020. "It really blew up during covid," said Thom Lambert, who focuses on marketing and tourism for the County of Haliburton. "They became popular with the no touch policies around the pandemic. And then when people realized how cost effective they were, they stuck around."

The small black and white barcode can be utilized by snapping a picture on any smartphone, which takes the visitor directly to the desired destination on the world wide web. This gives businesses and organizations the ability to direct traffic towards any URL they want to share; whether that be a digital menu, a map, a link to event tickets, or an informational page online. The options are endless.

The County of Haliburton has been using QR codes on the majority of their print advertising for the past few years. Lambert referred to the Hike Haliburton maps that at one time flew off the shelves. "We know that people still love print materials," he said. "But we were noticing that much of the map wasn't relevant after the festival, and it would be out of date."

Enter: QR codes. A few years ago, the county introduced the concept of the "evergreen map", which allowed Lambert and his team to continuously change the relevancy of the map, and keep it fresh via access through a QR code that anyone could use.

Not only did this keep the map alive, it also allowed the county tourism team to track who was looking at it, which is a valuable tool to utilize when strategically planning upcoming marketing initiatives.

"We noticed that the majority of click throughs came from outside the county," said Lambert, "which is great news for us."

Lambert shared that often, stakeholders do not have access to where visitors are finding their website. This could make marketing difficult when they do not know where to run their ads or put their energy into. But if they can see that folks are accessing their site via a specific QR code, it allows them to invest more time and money into exploring that particular avenue.

QR codes are not just for the tech savvy anymore, either. Anyone can make their own QR code by visiting any QR generator, and entering the URL they desire folks to visit. They can also be tweaked and changed based on updates and relevancy. No more chicken scratch on menus when an item is out of stock, now it's just a few clicks and everything can be updated; saving stakeholders time, money, and energy.

Lambert noted that use of QR codes is quite high amongst seniors, which he believes is due to the fact that the margin of error is lower when snapping a picture of a code, versus typing in a lengthy website name.

He also believes that all businesses - not just tourism - could benefit from utilizing the QR tool. With this in mind, he hopes to offer some workshops on how to embrace the QR life over the next few weeks at HCDC's The Link. "We will cover basic digital stuff, and it will be pretty hands-on, with anyone who wants to learn," he said.

If you are interested in learning more about QR codes and how to use them within your business, contact Lambert at tlambert@haliburtoncounty.ca,

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- Haliburton Welcome Centre
- Dysart Municipal Office
- Dysart Branch of the Haliburton County Library

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Creature Feature

The secretive fisher

RICK WHITTEKER
Special to *County Life*

I stopped, put my hand up and gestured slowly with my index finger to my mouth, pantomiming quiet. Pointing at something dark brown moving on the crusty snow with the stealth of a predator, we stood captivated as it moved gracefully amongst the rocks and vegetation in the valley cradling Hunter Creek. Sensing our presence and abruptly darting off, this ended our brief but rewarding peek into the life of the secretive fisher.

A large member of the weasel family, the fisher is a solitary predator that is most active at night. Despite their name, the fisher rarely feeds on fish. Its name originated from Dutch settlers to North America naming it after the likeness to the European polecat or "fischet".

Although agile climbers, fishers spend most their time hunting on the ground. /Photos by Tammy Nash

The fisher has a varied diet, and they are a skilled predator of the porcupine. This prickly walking cactus can feel some immunity to predation, waddling around armed with 30,000 barbed quills. However, fishers are excellent climbers and use this skill to position themselves above porcupines in trees. Able to scramble headfirst down tree trunks, this arboreal dexterity results from segmented hind feet that can turn 180 degrees, thus providing the fisher great leverage on the bark. Coupled with retractable claws, these adaptations are collectively known simply as "bad news" for porcupines.

Biting at the only accessible place without quills, the face, the fisher can attack porcupine effectively in trees or on the ground. The porcupine's swishing quill-covered tail is easily dodged by the fisher who can dart in and out with great agility. Biting at the face until the porcupine succumbs and feasting through the unprotected belly, the fisher will cache the body and feed off this kill for days.

Male fishers have a bigger head and body and can weigh almost twice as much as females. With its thick fur and busy tail, fishers sometime elicit "erroneous gigantism" or the tendency for people to exaggerate the size and ferocity of wild animals. Normally weighing five to 12 pounds, however, with only a glimpse, bigger size estimates are common. The females are slighter and more sleeker looking. Both move in typically weasel fashion, like a slinky, hind feet landing where the front feet just left, called a two by two lope.

As mentioned in a previous *County Life* article, *The Wonderful World of Wildlife Adaptation*, many mammals can hit the pause button until the optimum conditions exist for birthing their young. Called delayed implantation, the fisher has the longest amongst weasels at 11 months, mating in the spring and birthing in the late winter. Finding a tree or log cavity to nest, female fishers prefer snags or dead standing trees with cavities big enough for the whole brood, usually mom and two to three offspring.

With a reputation as a ferocious predator like its larger northern cousin the wolverine, the fisher is known to kill pets, especially housecats. Backyard chickens can also a prime target. Their preferred wild prey includes porcupines, flying and ground squirrels, small rodents, carrion, ruffed grouse, nuts and berries. Once over trapped, the fisher was reintroduced to areas of Ontario to control the bark eating damage of uncontrolled porcupine populations demonstrating

see page 5

Creature Feature

from page 4

the importance of a balance between predator and prey.

If you are a regular reader of *County Life* and have seen the wildlife photos in Nature in our Backyard, you are likely familiar with Tammy Nash's photography. Living surrounded by nature in Algonquin Highlands, Tammy, like all good nature photographers, must be patient and ready when wildlife appears. In the warmer months, her fisher shots can come after sitting still for hours in the bush, often with her daughter by her side. Sometimes having only seconds to frame the shot, Tammy's motivation comes not only from potential of a great photo but a connection to nature, her family and sense of place on her property.

Come winter and staying closer to home, fishers are drawn to her backyard bird feeder and the lure of visiting squirrels. Stealthy hunters, Tammy has witnessed squirrels being killed, leaving her in awe of the speed and predatory efficiency of the fisher.

When Tammy first moved up to Algonquin Highlands, the neighbourhood fishers introduced themselves in a shocking manner. Hearing a commotion outside, Tammy watched a tumbling mass of two screaming fishers engaged in a territorial battle adjacent to her house. A quick google search gave her a positive identification and piqued her interest in this fascinating and beautiful animal.

The female fisher is smaller with a narrower facial profile than the male fisher.

Since then, Tammy has made an art of fisher and other wildlife photos. With her passion and an eye for a good shot, Tammy's photography has won awards and graced publications and calendars of Nature Canada, the Canadian Wildlife Federation and Canadian Geographic.

So, on your winter rambles, keep an eye out for movement. You might just catch a glimpse of this secretive and solitary predator, part of the wonderful and wild fabric of the forests of Haliburton County.

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Peterborough Regional Health Centre

Would you like to contribute to shaping healthcare delivery in our community and region?

Peterborough Regional Health Centre (PRHC) is seeking individuals to become members of the Board of Directors who: (a) reside in one of the four (4) counties of Peterborough, Northumberland, Haliburton and Kawartha Lakes; (b) reflect the diversity of our changing community; and (c) can bring volunteer Board experience and business/professional skills to our governance processes. The Board is seeking strong contributors with an interest in future leadership positions.

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- Governs the affairs of PRHC in line with best practices in the sector
- Values and embraces anti-oppression, anti-racism, equity, diversity, and inclusion practices and principles within its governance processes
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- Supports the implementation of the hospital's Strategic Plan and ensures that all decisions are made in accordance with the Plan
- Reviews and approves PRHC's Annual Operating Plan
- Provides oversight to quality of care
- Fosters regional relationships needed for seamless care

All applications are welcome, in particular from persons with a background in Government Relations, CPA or equivalent and quality of care.

Before applying, please visit our website for more detail:
www.prhc.on.ca/about-us/board-of-directors/

How to Apply:
Submit an application along with a resume by February 16, 2024 to the Chair, Nominating Sub-Committee, c/o Margaret Clark, Senior Executive Assistant, Administration, Peterborough Regional Health Centre, One Hospital Drive, Peterborough, ON, K9J 7C6, or email **mclark@prhc.on.ca**

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Send your letters to the editor to vivian@haliburtonpress.com. Letters must be signed and include a phone number.

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News Media Canada
Médias d'Info Canada

Walter and me

KAREN PHIPPS
Special to *County Life*

I RETIRED FROM a teaching career last year.
It was actually my second or third career, but I knew it was time to start exploring other options and opportunities as the reality of "carpe diem" started to settle in my aging mind and body.

There are many roads I want to travel while the sun is in the sky. Life has a way of throwing things at you, some you duck to miss, some fly straight at you and hit you before you have a chance to deke out of the way, and some you intentionally catch without really knowing for sure if it's a wise decision.

Walter just seemed to land in my mitt, and I have spent many-a-days wondering if I should have just deked. I got a call one day from my cousin who heard of a seven month old dog looking for a home.

He was going to be euthanized unless a home could be found. This poor fellow was purchased to be part of a bear hunting company and had lived a less than comfortable life.

When I picked him up, he was very underweight, limping and had a very distinct odor. He was timid and scared and while he lacked all social graces, his sweet spirit shone through.

We have spent the past year and a half learning how to be good to each other. It hasn't been without tribulations, a few hospital visits for me and a couple of very expensive veterinary visits for Walter.

But here I sit with my 85 pound hound curled in a ball beside me.

For all the disruptions, sacrifices and frustrations that have driven me to tears, I have to admit that I feel a certain warmth and maybe even a self satisfied sense of joy for providing comfort and love for a life that was not thought to be worthy of such things.

We are an odd couple and not ideally suited for each other, but our orbits have crossed, and here we be. Walter gets me out, discovering new places to explore.

In keeping with "carpe diem," my canine companion and I are embarking on a new venture. We are setting out to explore the places and spaces in this country that pique our curiosity, inspire us and remind us why we love this place we call home.

Our destinations are day trips that have something to offer the curious and those who are looking to get a bit more acquainted with the byways and highways of Haliburton County.

So with a retractable leash in one hand and a first aid kit in the other, who wants to go for a car ride?

Top 10 upsides of an ice storm

OF ALL the things winter throws at us, ice storms are perhaps the worst. But, like everything else about winter, it's really about the way you choose to look at it. I submit to you that even ice storms can be positive occurrences if you look on the bright side. Here are the top 10 upsides to an ice storm.

STEVE GALEA
Humour Columnist

1. Makes your army of snowmen even tougher.
2. You don't need a vehicle to travel to any downhill locations.
3. If the drive-thru people forgot to put ice in your drink, you can just hold the cup outside the car.
4. No better excuse for cancelling that colonoscopy.
5. Ideal conditions for your Frozen role-playing group.
6. Good for your on-line road salt business.
7. Means you don't have to make room in the freezer for your new roadkill.
8. Bullies can't tell if you're terrified or if your teeth are just chattering due to the weather.
9. Should you be confronted by a mysterious swordsman, you can always arm yourself with a nearby icicle.
10. Any cat stuck on the high branches of a tree will eventual get lowered.

Rhymes with time

There are ways of understanding season's deep distress
Using open language invites others to confess
If you gush like poets, singers, dancers, painters do
Or those smartphone addicts snapping blizzard photo, two

Three, when sun shocks empty sky into unholy blue
Then your set of dazzled eyes can send along what's new
To the public socials sharing moments finest yet
Clumping snow like mallows on the s'more-stick branches wet

Or this charming paean, counted-syllable vignette
Feeling artsy-precious due to climate zone roulette
I might not apologize for dripping words like rain
Or what winter vistas do for restless SAD right brain

People use their lenses to expansively explain
How a simple fluffy day can jumpstart the mundane
As the maestro of a band bows humble happy thanks
We on bleak midwinter days can also fill our tanks

Which have idled only on the fumes left in our banks
Waiting with the season to ascend again those ranks
Of the metaphorical while climbing to the spring
Green means go, and revving up's our next revival thing

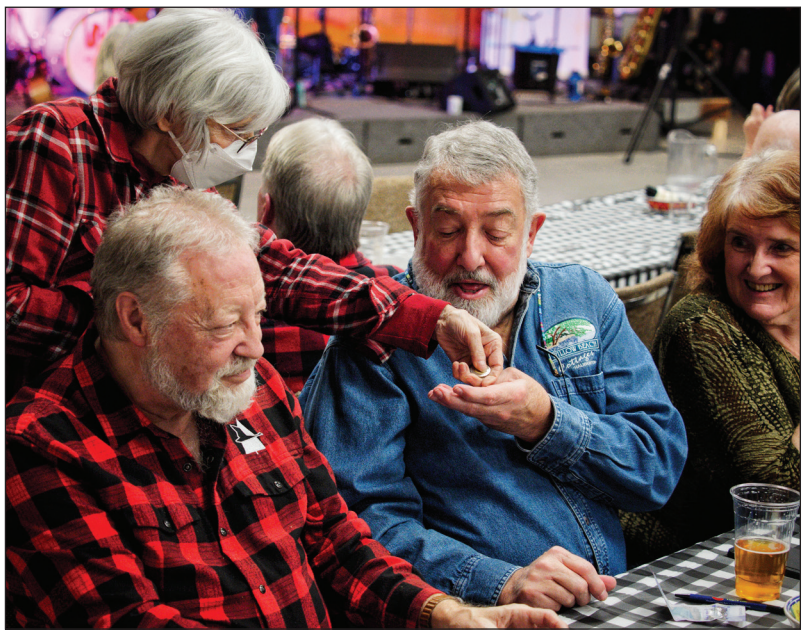
Seeing that we need those folks who still to beauty cling
Mindsets which perceive the good, the positive, the zing
Artists, writers, walkers, dreamers, camera, guitar
Every single way you reach up high for Northern Star

Represents commitment, certain that through frozen scar
March will come, then April, June, their own tunes never far
There are ways of understanding season's deep distress
Using open language invites others to confess

By Deborah J Reed

Haliburton dinner jackets

People place their bid on a variety of auction items at Highlands Summer Festival's winter fundraiser, Flannel Frolic, on Friday, Jan. 19. /ADAM FRISK Special to *County Life*



Bids are placed on the first toonie auction of the night.

Jack Brezina hosts the toonie auction at HSF's Flannel Frolic.

Community Events

Send your event listing to classifieds@haliburtonpress.com

TOPS: Take Off Pounds Sensibly

When: Monday mornings 9:30 a.m. to 11 a.m.
Where: Haliburton Legion Branch 129, upper level
Admission: Yearly membership of $59
A non-profit/commercial network of weight-loss support groups, offers programs for healthy living and weight management.

Creative Collaborations

When: Tuesdays at 1 p.m.
Where: St. George's Anglican Church.
617 Mountain Street
Share your skills. Learn new skills. Bring your own project or work on the featured project. Beginners Welcome. Contact lynnhiggsthompson@haliburtonanglican.ca for details.

Seniors Chair Exercises

When: Thursdays, at 1 p.m.
Where: St. George's Anglican Church,
617 Mountain Street
Safe and gentle exercises for seniors to help with balance, strength and flexibility. Free to join.

Cribbage and Euchre

When: Tuesdays at 2 p.m.
Where: St. George's Anglican Church,
617 Mountain St.
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Super Cash Calendar Draws

When: Second Monday of the month, 6:30 p.m.
Where: Haliburton Legion
From January until October. Three tickets pulled per night. First ticket winner receives $100, second ticket $200, and third ticket $500. Winners will be posted every month on www.haliburtonlions.com. Public is welcome to attend the draws at the Lions meetings in person.

Minden & District Horticultural Society Pot Luck

When: Feb. 3, noon
Where: Our Lady of Fatima Church,
7 Bobcaygeon Rd. Minden
Please bring your own mug, plate, and utensils for the lunch. Lunch will be followed by a presentation by our guest Speaker Marilyn Bodogh, 'Hearts and Flowers.'

Lift Your Spirits! Music with Drew Allen

When: Saturday, Feb. 3, 2 to 4 p.m.
Where: Highland Hills United Church,
21 Newcastle St., Minden
Drew Allen, a talented local pianist, singer, and guitarist will be performing uplifting tunes for all ages, from Billy Joel to Gershwin, Bach to Disney. Tickets $20 in advance, $25 at the door. Family tickets $50. Light refreshments will be served, as well as a bake sale. This is a fundraiser for the church's elevator fund. Tickets online at eventbrite.ca (search for Lift Your Spirits and enter Minden as the location).

YUK YUKS Comedy Night

When: Feb. 3, 7:30 p.m.
Where: Coboconk Legion, Hwy 48 & 35
A live event featuring some great stand-up comedians from Yuk Yuk's Comedy Club. Tickets in advance $40. Please call 705-454-8129 or email info@coboconklegion.ca for more information.

Winter Signatures - Wildlife Tracks and Signs

When: Feb. 10, 10 a.m. - noon
Where: Barnum Creek Nature Reserve,
118 Gould Crossing Rd
Join Rick Whitteker, Haliburton Highlands Land Trust Partners in Conservation Coordinator, outdoor guide, educator and nature writer, for an engaging snowshoe hike. Release your inner detective and explore the tracks and signs of winter wildlife movement, feeding and survival on the beautiful trails of Barnum Creek. Admission is free, but donations are welcome. Pre-registration is required at www.haliburtonlandtrust.ca or by calling 705-457-3700. In the case of inclement weather, the event will be held on Sunday, Feb. 11.

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MINDEN HOME $774,900

- This well loved home has 4 bedrooms and 3 full bathrooms
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- Attached double car garage
- Great neighbours in this growing subdivision

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GREAT COMMUNITY $598,500

Moments from town is this lovely, well-built home with attached garage. Hardwood floors gleam throughout. The spacious sunroom and screened porch both lead to a level backyard and the lower level of the house is set up nicely for guests with their own sleeping area, washroom and dining area. This listing is worth checking out.

Terry Carr & Drew Staniforth
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INCOME OPPORTUNITY $749,900

SOLAR PANEL INCOME GENERATING PROPERTY (on average $4,100/yr) This Rural country home is not far from the Hamlet of Gooderham in the southern area of Haliburton County. It has 1.27 acres with 425' on the highway but is totally secluded with a panoramic vista over the valley where the Irondale River flows, a spectacular elevated view!

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Number 2 Team in Haliburton County for 2023

Data pulled from the Ranking Reports program from ITSO on the Lakelands Association Of Realtors Board on January 16, 2024.

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Andrea Strano* 705-457-5984
Marj Parish 705-455-2211

GOODERHAM $179,900

- .17ac, mostly level in town lot
- Now a Church; zoned Institutional
- Ample parking & wheel chair access
- May require rezoning depending
- Yr-rnd acc; drilled well/hold tank
- Excellent locale; Being sold AS-IS

Rick Forget
Broker
705-457-0580
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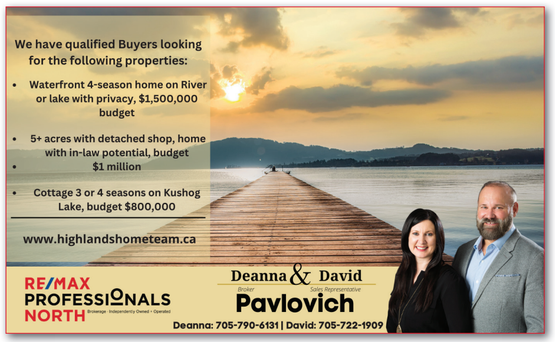
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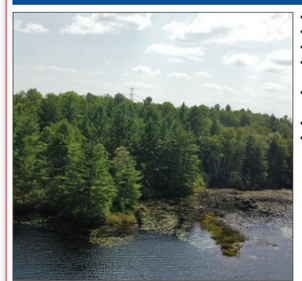

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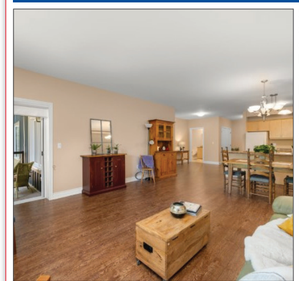

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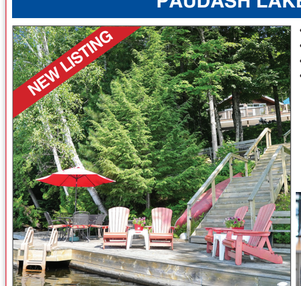

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*BROKERAGE INDEPENDENTLY OWNED & OPERATED.

Cultivating a greener future

BRITNEY PAGLIUCA
County Life Staff

While it may feel like winter has only just arrived, Haliburton's Friends of Ecological and Environmental Learning (FEEL) is already preparing for spring. From now until May 13, FEEL is hosting a high-quality native and eco-friendly plant sale for Haliburton County landowners and community organizers.

FEEL is a not-for-profit charity organization that organizes the Haliburton-Muskoka-Kawartha Children's Water Festival (HMKCWF) and other programs that promote hands-on learning experiences for youth across the county. In the past, they have partnered with the Haliburton County Public Library, municipality and Lake's Association, to promote ecological and environmental stewardship for youth.

FEEL's annual plant sale is a fundraiser that will directly support the HMKCWF, which teaches and motivates thousands of school-age children each year to be water-wise stewards in their classrooms, homes and communities.

The plant sale offers a selection of native trees, shrubs and perennial flowers. FEEL chair, Stephanie Field said that in addition to supporting youth environmental education, the sale also promotes ecological preservation and regeneration by offering native plant species.

A wide range of benefits can be achieved for Haliburton's ecosystems by increasing and restoring native plants, Field says.

Native floras provide critical habitat for local wildlife, help to reduce erosion and improve air and water quality. "Plants that are native to Haliburton, like Black Eyed Susans, form deep root systems that will help reduce run-off and prevent the development of blue-green algae," Field said.

Furthermore, native plants are better adapted to local soil and climate conditions, meaning they require less maintenance and water. "Most of the plants that we are selling are bare root, so they may need a little extra support at the start," Field said, "but after the first year, the native plants are self-sufficient."

Plants are sourced primarily by Rebecca Krawczyk's Botanicals Nursery at Big Hawk Lake, along with other regional providers. This ensures they are suitable for Haliburton growth, based on plant hardiness zones.

FEEL offers solutions that help take the guesswork out of revitalizing your green spaces. Their team has curated "themed bundles," which are collections of plants that have similar site needs and ecological functions, including shoreline, pollinator, forest and upland bundles. This feature will help you select the most appropriate plants for your land and optimize ecological benefits.

Additionally, FEEL has teamed up with the Restoration Ecology Team at Abbey Gardens and Cara Steele to offer planting and cultivation services. The crew will assist you with mulching and planting your native plants and help you determine the ideal locations for the plants you have purchased.

Field noted that each plant purchased will also come with an instruction package to assist you with proper plant care and their needs.

In the process of beautifying your property, starting a garden, shading a patio or creating wildlife habitat, choosing the right plants can be a challenge. But with the help of FEEL, you can feel good about your decision.

The sale ends on May 13, and plants will be ready for pickup at Abbey Gardens on Saturday, May 18, from 10 a.m. to 2 p.m.

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Legion Events

Branch 129 Haliburton

Mondays: Bridge every Monday, 1 p.m. Schofield Rm.
Tuesdays: League darts starting at 7 p.m. Haliburton Army Cadets practice 6:30 to 9 p.m. (Sept to June)
Wednesdays: Bid Euchre 1 p.m. start – Main Hall. Bingo doors open at 6 p.m. Bingo starts at 7 p.m. $500. Follow Facebook.com/Branch129 Bingo for the most up-to-date information
Thursdays: General Meeting third Thursday of the month, starting at 6:30 p.m. All members urged to attend. Ladies Auxiliary last Thursday of the month at 1 p.m.
Fridays: Meat draw has five draws, five prizes each draw, first draw at 4:30 p.m., last draw at 6:30 p.m. Tickets are $2 per draw. Ed Pickard, MC.
Friday fun darts from 4:30 p.m. and onwards.
Saturdays: 50/50 Draw 4 p.m. draw – tickets are $1 each available in the Clubroom.
Whether you're planning a function for 10 or 200, for more information call Cheryl Waller at 905-447-7741, email haliburtonlegionrentals@gmail.com or visit haliburtonlegion.com. Come on out and support Haliburton Legion Branch 129 ... everyone is welcome!
Club room hours: Mon. 3 to 6 p.m., Tues. 3 to 9 p.m., Wed/Thurs. 3 to 6 p.m. Fri. 3 to 7 p.m. and Sat. 3 to 6 p.m.

Branch 636 Minden

Lunch - Monday to Friday
Monday: Rug Hookers every second week. Bid Euchre 1 to 3 p.m.
Tuesday: Food 5 p.m. Canoe FM Bingo 6 p.m.
Thursday: Cribbage 1 to 3 p.m., Darts 7 to 9 p.m. and Euchre 7 to 9 p.m.
Every other Friday: Karaoke 8 to 11 p.m.
Friday Fish & Chips & Wings. Lunch 11a.m. to 2 p.m. and Dinner 4 to 7 p.m.
Saturday All Day Breakfast 9 a.m. to 2 p.m. with three Meat draws at 11 a.m.
Call ahead any day for take-out: 705-286-4541
Schedules are subject to change without notice. Check our Facebook page Minden Legion Branch 636 for more info.

Wilberforce

Feb. 1 - Open 2 to 6 p.m.
Feb. 2 - Wings/Jam 5 to 8 p.m.
Feb. 3 - Open 2 to 6 p.m. Meat Draw 3 p.m.
Feb. 4 to 6 - Closed
February 6th – Closed Executive Meeting 7 p.m.
Feb. 7 - Open 2 to 6 p.m. Darts 2 p..m
If you are planning an event our Ladies Auxiliary would be pleased to cater.
Please call the branch at 705-448-2221 to arrange your event.

Nature in your backyard

County Life welcomes photo submissions depicting life in the Highlands. Email vivian@ haliburtonpress.com. Please ensure images are high resolution - 200 dpi, 10 inches at its longest edge.

A Blue Jay stands in deep snow. /Submitted by Jill Moulton

A Nuthatch perches in a branch. /Submitted by Tammy Nash

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540 COMING EVENTS

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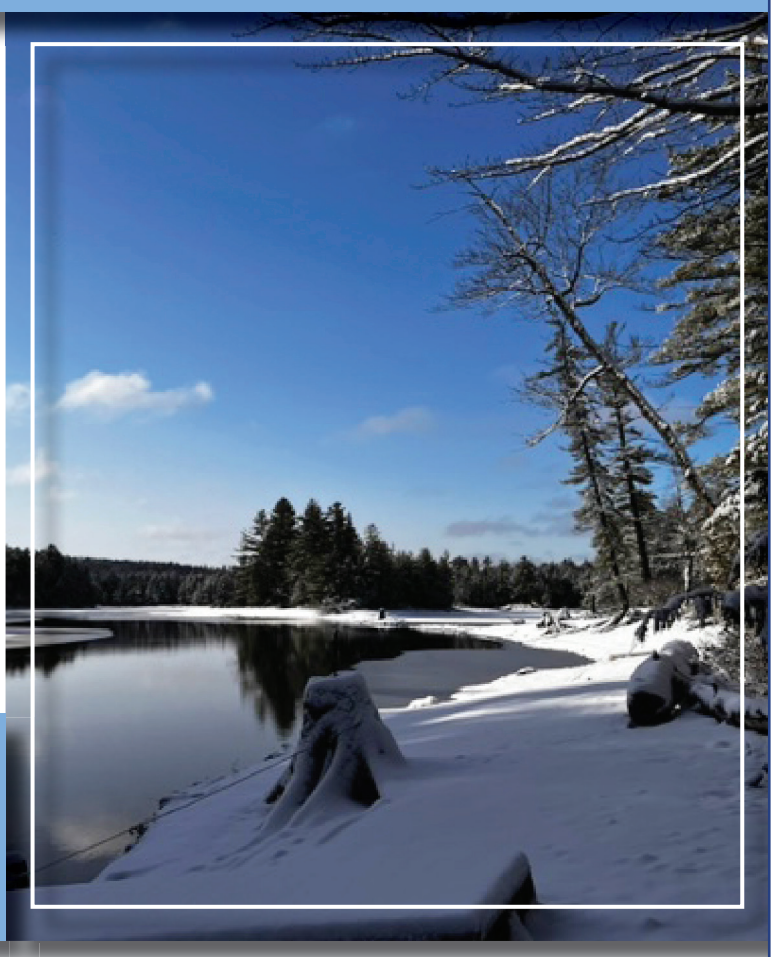

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Tuesday, January 25, 2011

Lung cancer rates higher than average

Health unit reveals lung cancer rates in Haliburton Kawartha Pine Ridge exceed Ontario average

Valerie MacDonald
Special to the *Echo*

There is more lung cancer in the tri-county health unit area including Haliburton than the provincial average, Haliburton Kawartha Pine Ridge District Health Unit board members were told at Thursday's monthly meeting in Port Hope.

The incidence of this type of cancer seems to correlate with the higher smoking rates in the local health unit's survey, according to data provided by health unit epidemiologist Jennifer Skinner.

The same survey also found that oral cancer in area females was less than the provincial rate and higher for males in the local health unit area. This data was taken from a smaller sample and was marked to indicate it was not as firm as other findings.

"Are those trends continuing today?" newly elected board

see POPULATION page 27

Hawks soar above Falcons

Left, Fenelon Falls Secondary School's player Gavin Taylor watches as Red Hawks guard Kieran Poropat soars to the basket during a home game against the Falcons on Thursday, Jan. 20. Haliburton came from behind to win 41-36. Read the story on page 20. **Darren Lum Echo staff**

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Eagle Lake man to run continuously for 45 hours raising money

3

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5

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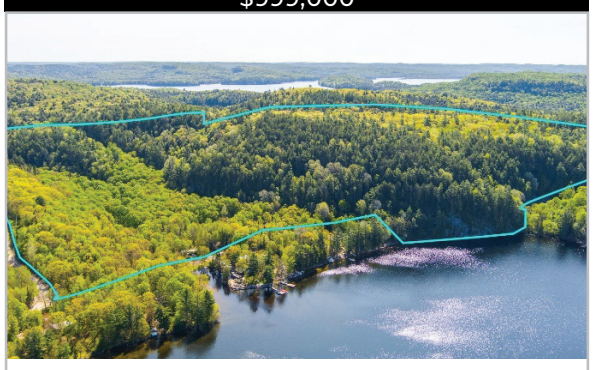

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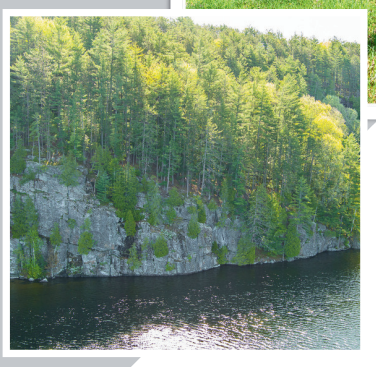

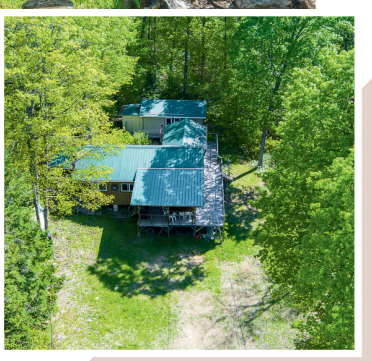

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